



SGBA+

Cannabis Routes of Administration
Policy | Treatment | Harm Reduction

Sex, Gender, and ROAs: Patterns of Use



More men and boys report vaping cannabis, smoking joints or using cannabis concentrates.



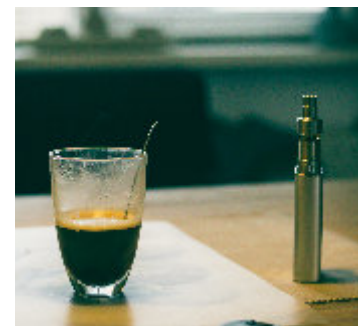
Blunt use and the mixing of cannabis and tobacco is greater among men and boys.



Among medical cannabis users, men report slightly greater rates of vaping compared to women.



Women and girls tend to prefer edible cannabis in part because these products are more discreet.



Among women who are pregnant, smoking cannabis is often preferred in part because of the difficulty ingesting when using to manage nausea.



Vaping devices are designed to target specific user groups, including girls and women; marketing rebrands cannabis users as “stylish and fashionable.”

The data on this information sheet are from a scoping review synthesizing academic and grey literature published between 2007 and 2019 on sex, gender and cannabis smoking or cannabis vaping. Download the full report from www.bccewh.bc.ca.